Suicide Prevention Resources

The following is a list of, and links to, suicide prevention programs and resources registered on the Suicide Prevention Resource Center's (SPRC) *Best Practices Registry*, or the Substance Abuse and Mental Health Services Administration's (SAMHSA) *National Registry of Evidence-based Programs and Practices*.

These programs may provide appropriate resources for implementation or continuation of suicide prevention in your school.

For more information on how to choose the right suicide prevention program/training for your school or district, or to learn more about suicide prevention and postvention in the school setting you are encouraged to read:

Preventing Suicide: A Toolkit for Schools (only available online)
http://store.samhsa.gov/shin/content//SMA12-4669/SMA12-4669.pdf

After a Suicide: A Toolkit for Schools
http://www.sprc.org/webform/after-suicide-toolkit-schools

School-Based Suicide Prevention Programs and Trainings

American Indian Life Skills

- NREPP Factsheet: www.nrepp.samhsa.gov/ViewIntervention.aspx?id=81

Ask 4 Help! (Yellow Ribbon Suicide Prevention Program)

- www.yellowribbon.org
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/Ask4HelpSuicidePreventionYouth.pdf

Break Free From Depression: A 4-Session Curriculum Addressing Adolescent Depression

- www.bostonchildrens.org/breakfree
- SPRC Factsheet: www.sprc.org/bpr/section-III/break-free-depression-4-session-curriculum-addressing-adolescent-depression

Coping and Support Training, CAST (Reconnecting Youth)

- www.reconnectingyouth.com/
- NREPP Factsheet: www.nrepp.samhsa.gov/ViewIntervention.aspx?id=51

High School Gatekeeper Curriculum

- www.gryphon.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/high-school-gatekeeper-curriculum

Helping Every Living Person, HELP (Youth Suicide Prevention Program)

- www.yspp.org
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/HELP.pdf

How Not to Keep a Secret

- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/HowNotKeepASecret.pdf

Journey to Wellness

- SPRC Factsheet: www.sprc.org/bpr/section-III/journey-wellness

Just Talk About It: Suicide Prevention Toolkit

- www.contactcrisisline.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/just-talk-about-it-suicide-prevention-toolkit

LEADS for Youth: Linking Education and Awareness of Depression and Suicide

- www.save.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/leads-youth-linking-education-and-awareness-depression-and-suicide

Lifelines (Hazelden)

- www.hazelden.org/web/public/lifelines.page
- NREPP Factsheet: www.nrepp.samhsa.gov/ViewIntervention.aspx?id=37

LifeSavers

- www.thelifesavers.net/
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/LifeSavers.pdf

Linking Education and Awareness for Depression and Suicide, LEADS (Suicide Awareness Voices of Education)

- www.save.org
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/LEADSBPRfactsheet.pdf

More than Sad (American Foundation for Suicide Prevention)

- www.afsp.org
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/MoreThanSad.pdf

Response (Columbia Care)

- www.columbiacare.org/
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/RESPONSE_FactSheet.pdf

SOS Signs of Suicide

- www.mentalhealthscreening.org/highschool
- NREPP Factsheet: http://www.nrepp.samhsa.gov/ViewIntervention.aspx?id=53

Sources of Strength

- www.sourcesofstrength.org
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/SourcesofStrength.pdf
- NREPP Factsheet: www.nrepp.samhsa.gov/ViewIntervention.aspx?id=248

Teens for Life (Alameda County ONLY)

- www.crisissupport.org/teens_for_life
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/TeensForLife.pdf

The FIRE Within: Youth Entrepreneurs Preventing Suicide

- www.carsonjspencer.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/fire-within-youth-entrepreneurs-preventing-suicide

Trevor Lifeguard Workshop

- www.thetrevorproject.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/trevor-lifeguard-workshop

What is Depression? How to Treat It and What to Do--A Suicide Prevention Guide for Young People

- www.save.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/what-depression-how-treat-it-and-what-do-suicide-prevention-guide-young-people

Programs and Trainings for Adults and Educators

ASIST, Applied Suicide Intervention Skills Training (LivingWorks)

- www.livingworks.net/
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/ASIST.pdf

ASK about Suicide to Save a Life

- www.texassuicideprevention.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/ask-about-suicide-save-life

Assessing and Managing Suicide Risk: Core Competencies for Mental Health Professionals (AMSR)

- www.sprc.org/training-institute/amsr

At-Risk for High School Educators

- www.kognito.com/products/highschool/
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/AtRiskHSEducators.pdf
- NREPP Factsheet: nrepp.samhsa.gov/ViewIntervention.aspx?id=317

Be a Link! (Yellow Ribbon Suicide Prevention Program)

- www.yellowribbon.org
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/BeALinkSuicidePrevGatekeepeeTraining.pdf

Care Assess Respond Empower, CARE (Reconnecting Youth)

- www.reconnectingyouth.com/
- NREPP Factsheet: www.nrepp.samhsa.gov/ViewIntervention.aspx?id=6

CAST (Coping And Support Training)

- www.reconnectingyouth.com
- NREPP Factsheet: www.nrepp.samhsa.gov/ViewIntervention.aspx?id=51

Connect Suicide Postvention Training

- www.theconnectprogram.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/connect-suicide-postvention-training

Connect Suicide Prevention/Intervention Training

- www.theconnectprogram.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/connect-suicide-preventionintervention-training

Connect Youth Leaders: Partnering with Adults in Youth Suicide Prevention

- www.theconnectprogram.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/connect-youth-leaders-partnering-adults-youth-suicide-prevention

Creating Suicide Safety in Schools

- www.PreventSuicideNY.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/creating-suicide-safety-schools

EndingSuicide.com

- www.EndingSuicide.com
- SPRC Factsheet: www.sprc.org/bpr/section-III/endingsuicidecom

Experiential Training in the Chronological Assessment of Suicide Events (CASE Approach)

- www.suicideassessment.com
- SPRC Factsheet: www.sprc.org/bpr/section-III/experiential-training-chronological-assessment-suicide-events-case-approach

Gatekeeper Suicide Prevention Program (Gryphon Place-Middle School)

- www.gryphon.org/
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/GryphonPlaceGatekeeperSuicidePreventionProgram-AMiddleSchoolCurriculum.pdf

It's Time to Talk About It: A Family Guide for Youth Suicide Prevention

- pro-copy.com/family
- SPRC Factsheet: www.sprc.org/bpr/section-III/it%E2%80%99s-time-talk-about-it-family-guide-youth-suicide-prevention

Lifelines Intervention: Helping Students At Risk for Suicide

- www.hazelden.org/OA_HTML/hazCCtpSctDspRte.jsp?sitex=10020:22372:US
- SPRC Factsheet: www.sprc.org/bpr/section-III/lifelines-intervention-helping-students-risk-suicide
- NREPP Factsheet: www.nrepp.samhsa.gov/ViewIntervention.aspx?id=37

Lifelines Postvention: Responding to Suicide and Other Traumatic Death

- www.hazelden.org/OA_HTML/hazCCtpSctDspRte.jsp?sitex=10020:22372:US
- SPRC Factsheet: www.sprc.org/bpr/section-III/lifelines-postvention-responding-suicide-and-other-traumatic-death

Making Educators Partners (Hazelden)

- www.sptsusa.org/
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/SPTS_NJFactSheet.pdf

Model Adolescent Suicide Prevention Program (MASPP)

- NREPP Factsheet: nrepp.samhsa.gov/ViewIntervention.aspx?id=251

Networks for Life: An Educator's Role in Youth Suicide Prevention

- www.yspp.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/networks-life-educators-role-youth-suicide-prevention

Not My Kid: What Parents Should Know About Teen Suicide

- www.sptsusa.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/not-my-kid-what-parents-should-know-about-teen-suicide

Question, Persuade, Refer (QPR Institute)

- www.qprinstitute.com/
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/QPR_FactSheet.pdf
- NREPP Factsheet: www.nrepp.samhsa.gov/ViewIntervention.aspx?id=299

QPRT, Suicide Risk Assessment and Management Training (QPR Institute)

- www.qprinstitute.com/
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/QPRT.pdf

Parents as Partners: A Suicide Prevention Guide for Parents

- www.save.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/parents-partners-suicide-prevention-guide-parents

Plan, Prepare, Prevent: The SOS Signs of Suicide® Online Gatekeeper Training

- www.mentalhealthscreening.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/plan-prepare-prevent-sos-signs-suicide%C2%AE-online-gatekeeper-training

PREPaRE School Crisis Prevention and Intervention Training Curriculum (2nd Edition)

- www.nasponline.org/prepare
- SPRC Factsheet: www.sprc.org/bpr/section-III/prepare-school-crisis-prevention-and-intervention-training-curriculum-2nd-edition

Recognizing and Responding to Suicide Risk-Clinicians (American Association of Suicidology)

- www.suicidology.org
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/RecognizingRespondingSuicideRiskEssentialSkillsClinicians.pdf

Saving Our Lives: Preventing Suicide in Transgender Communities Video and Discussion Guide

- www.mass.gov/dph/suicideprevention
- SPRC Factsheet: http://www.sprc.org/bpr/section-III/saving-our-lives-preventing-suicide-transgender-communities-video-and-discussion-gui

School Suicide Prevention Accreditation (American Association of Suicidology)

- www.suicidology.org
- SPRC Factsheet: www.sprc.org/sites/sprc.org/files/bpr/School%20Suicide%20Prevention%20Accreditation%20Program%20BPR%20fact%20sheet%2010-1-10.pdf

Shield of Care: A System-Focused Approach to Protecting Juvenile Justice Youth from Suicide

- www.state.tn.us/mental/
- SPRC Factsheet: www.sprc.org/bpr/section-III/shield-care-system-focused-approach-protecting-juvenile-justice-youth-suicide

Step In, Speak Up!: Supporting LGBTQ Students

- www.kognito.com
- SPRC Factsheet: www.sprc.org/bpr/section-III/step-speak-supporting-lgbtq-students

Suicide Alertness for Everyone (safeTALK)

- www.livingworks.net
- SPRC Factsheet: www.sprc.org/bpr/section-III/suicide-alertness-everyone-safetalk

Suicide Prevention among LGBT Youth: A Workshop for Professionals Who Serve Youth

- www.sprc.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/suicide-prevention-among-lgbt-youth-workshop-professionals-who-serve-youth

Suicide Prevention: Supporting our Youth

- www.samaritanshope.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/suicide-prevention-supporting-our-youth

Supportive Families, Healthy Children: Helping Families with Lesbian, Gay, Bisexual & Transgender (LGBT) Children

- familyproject.sfsu.edu/
- SPRC Factsheet: www.sprc.org/bpr/section-III/supportive-families-healthy-children-helping-families-lesbian-gay-bisexual-transgend

Umatter for Schools Youth Suicide Prevention

- www.healthandlearning.org
- SPRC Factsheet: http://www.sprc.org/bpr/section-III/umatter-schools-youth-suicide-prevention

Youth Suicide Prevention School-based Guide Checklists

- theguide.fmhi.usf.edu
- SPRC Factsheet: www.sprc.org/bpr/section-III/youth-suicide-prevention-school-based-guide-checklists

Youth Suicide Prevention, Intervention, and Postvention Guidelines: A Resource for School Personnel

- www.mainesuicideprevention.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/youth-suicide-prevention-intervention-and-postvention-guidelines-resource-school-per

For Higher Education Staff and Students

At-Risk for University and College Faculty: Identifying and Referring Students in Mental Distress

- www.kognito.com
- SPRC Factsheet: www.sprc.org/bpr/section-III/risk-university-and-college-faculty-identifying-and-referring-students-mental-distre

At-Risk for University and College Students

- www.kognito.com
- SPRC Factsheet: www.sprc.org/bpr/section-III/risk-university-and-college-students
- NREPP Factsheet: nrepp.samhsa.gov/ViewIntervention.aspx?id=303

Campus Connect: A Suicide Prevention Training for Gatekeepers

- SPRC Factsheet: www.sprc.org/bpr/section-III/campus-connect-suicide-prevention-training-gatekeepers

Interactive Screening Program

- www.afsp.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/interactive-screening-program

JedCampus

- www.jedcampus.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/jedcampus

LGBTQ on Campus for Faculty and Staff

- www.kognito.com
- SPRC Factsheet: www.sprc.org/bpr/section-III/lgbtq-campus-faculty-and-staff

LGBTQ on Campus for Students

- www.kognito.com
- SPRC Factsheet: www.sprc.org/bpr/section-III/lgbtq-campus-students

Student Support Network

- www.wpi.edu/Admin/SDCC/index.html
- SPRC Factsheet: www.sprc.org/bpr/section-III/student-support-network

Suicide Prevention Multicultural Competence Kit

- www.pace.edu/counseling-center/
- SPRC Factsheet: www.sprc.org/bpr/section-III/suicide-prevention-multicultural-competence-kit

The DORA College Program (Depression OutReach Alliance)

- www.mentalhealthscreening.org
- SPRC Factsheet: www.sprc.org/bpr/section-III/dora-college-program-depression-outreach-alliance

Veterans on Campus for Faculty and Staff

- www.kognito.com
- SPRC Factsheet: www.sprc.org/bpr/section-III/veterans-campus-faculty-and-staff

Veterans on Campus: Peer Program

- www.kognito.com
- SPRC Factsheet: www.sprc.org/bpr/section-III/veterans-campus-peer-program